

# THE PERFECT SNACK

Servings: 1 | Prep Time: 3 minutes | Ingredients: 2

## Ingredients:

- bag of rainbow carrots (don't use baby carrots, they taste like nothing)
- ranch dressing (we go crazy for this healthy ranch that's bonkers easy to make)

## Directions:

1. Peel your carrots in a big batch - peel right into the garbage disposal for ease, or use a garbage bowl.
2. Slice your carrots lengthwise once, or if they're larger, slice them lengthwise again, then slice widthwise.
3. We like to keep our homemade ranch in this squeeze bottle from Amazon, which is such a delight to use, and as a bonus, prevents you from globbing on too many heaping spoonfuls over your salads and accidentally eating 3000 calories a time.
4. Squeeze some ranch into your waiting ramekin that will make you feel like 100% like a professional chef, and plate with a handful of carrots.
5. Throw the rest of the carrots into a stasher bag (for max freshness and crunch), or even a Ziploc. They both work.
6. Eat, feeling smug.

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